

# Psychology of Rid-er/-ing: Psychology in Transport



# İbrahim Öztürk, PhD



- Senior Research Fellow, Institute for Transport Studies, University of Leeds, United Kingdom (2021-...).
- Research Assistant, Department of Psychology, Middle East Technical University, Türkiye (2018-2021).
- Ph.D., Traffic and Transportation Psychology, Middle East Technical University, Ankara, Türkiye (2021).
- M.Sc., Traffic and Transportation Psychology, Middle East Technical University, Ankara, Türkiye (2017).
- B.S., Psychology, Middle East Technical University, Ankara, Türkiye (2015).

Primary research interests: Driver behaviour, distracted driving, technology acceptance, traffic safety culture

### **Traffic and Transportation Psychology**



- Division 13 of the International Association of Applied Psychology
- The what, the how, and the why of road safety

Understand Predict Change

(adapted from Rothengatter, 2001)

#### **Research Methods**



- Simulators (driver, pedestrian, cyclist etc.)
- Instrumented vehicle
- Eye tracker
- Psychotechnical assessment
- Psychophysiological measures
- Implicit measures
- Self-reports
- Observations et al.

#### Factors – Road Traffic Crashes

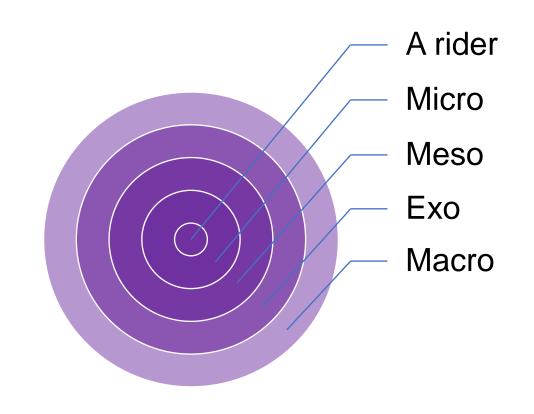


		Factors			
		Human	Vehicle and Equipment	Physical Environment	Socio- Economic Environment
Phases	Pre-Crash				
	Crash				
	Post-Crash				

# **Systems Theory Approach**

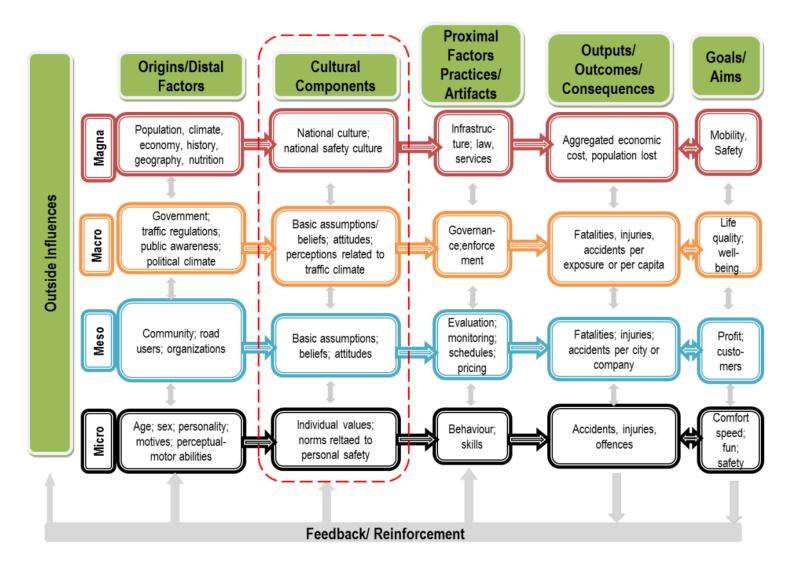


- Vision Zero in Sweden;
- National Road Safety Strategy: 2011–2020 in Australia;
- Sustainable Safety in the Netherlands;
- and Tomorrow's Roads: Safer for Everyone in the United Kingdom



#### **Traffic Culture**

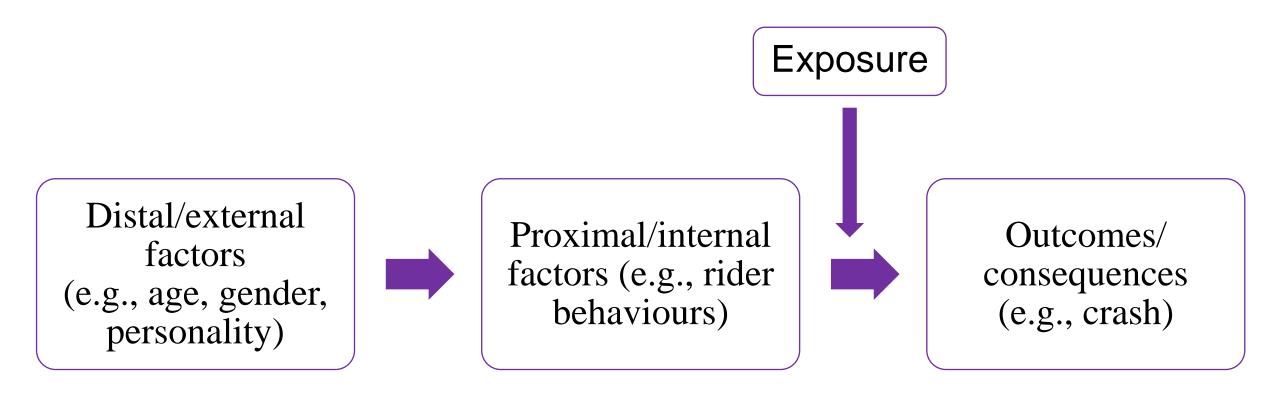




A General Traffic (Safety) Culture System (G-TraSaCu-S)(Özkan & Lajunen, 2015)

#### **Road Traffic Crashes**

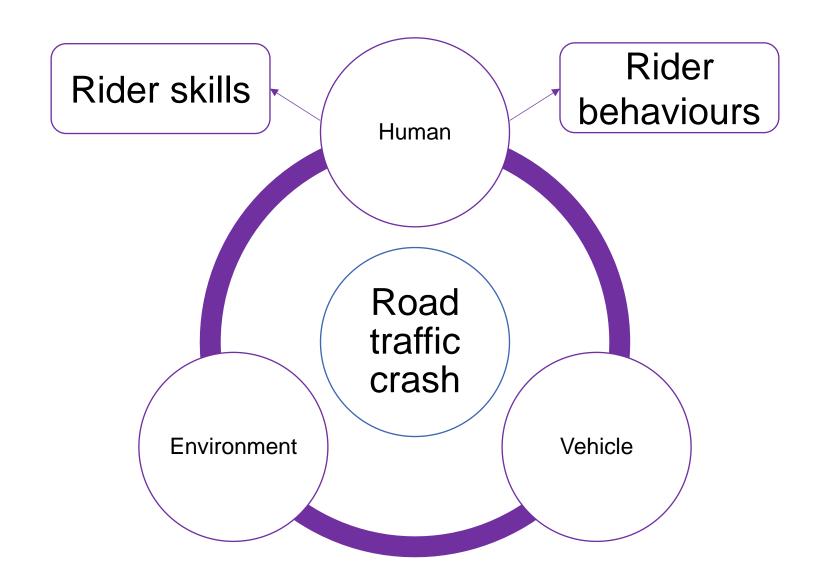




Basic Horizontal Model (Lajunen, 1997)

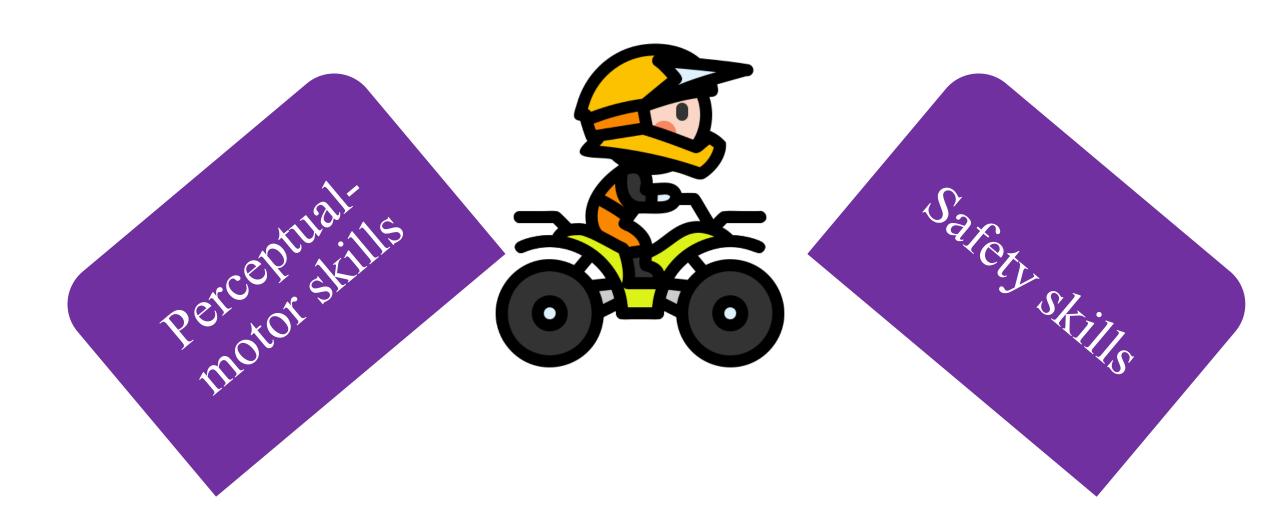
#### **Road Traffic Crashes**





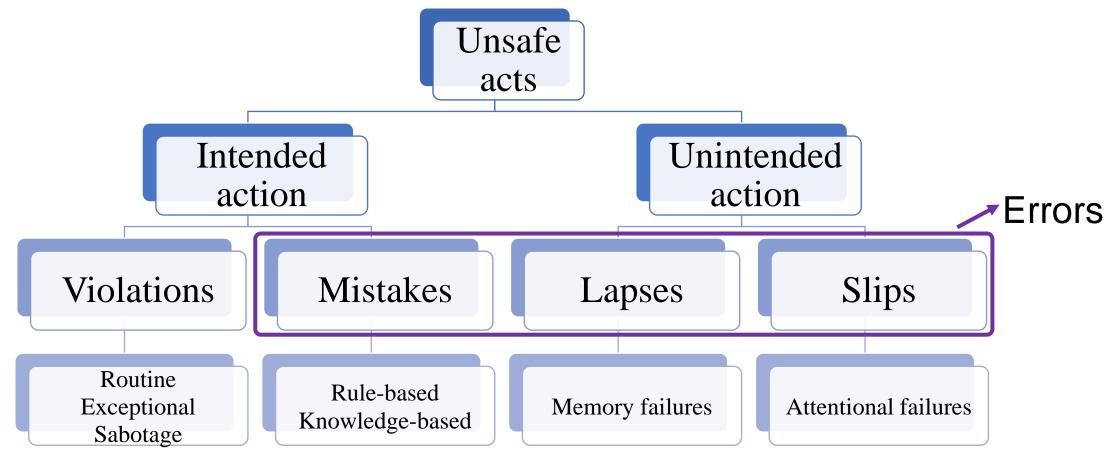
#### **Rider Skills**





#### **Unsafe Behaviours**



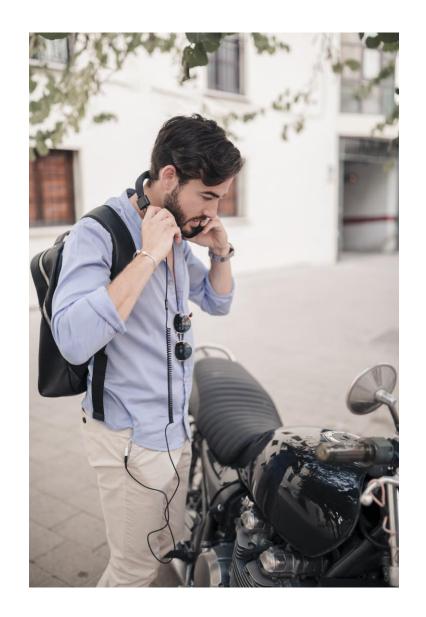


Taxonomy of Unsafe Acts (Reason, 1990)

### **Distracted Riding**

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- Visual, manual, cognitive distractions
- Smartphone use (hands- free or held?)
- Cognitive distraction or cognitive load
- Technology as a distraction or as a solution

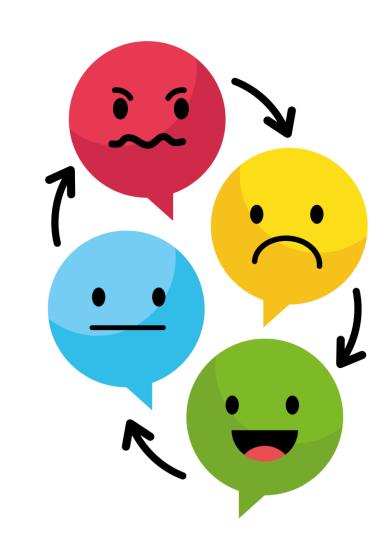


# Distal Factors – Anger



- Anger as a trait or a state
- Anger and road rage
   What triggers of anger among riders

How to express anger?What would you do?



#### **Distal Factors – Stress**



Stress:

Trait or State?

Due to ...?

Decision-making and reaction time

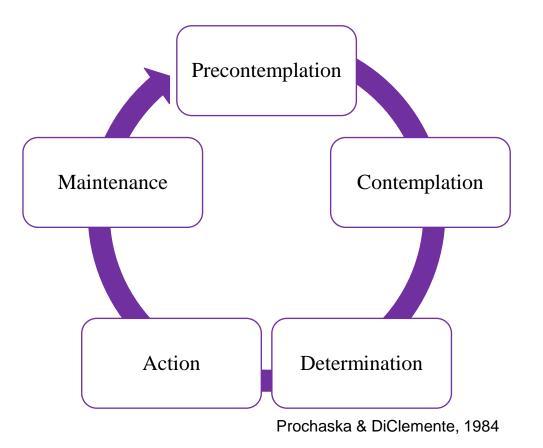


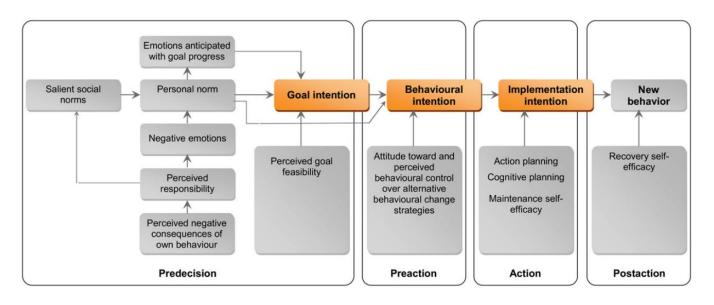
# **Behavioural Change**



Transtheoretical Model (a.k.a. Stages of Change)

# Stage Model of Self-Regulated Behavioural Change





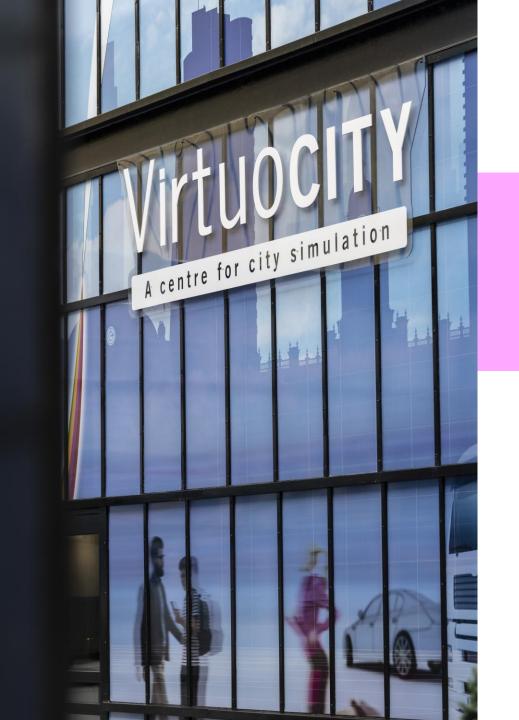
Bamberg, 2013

# **Future of Transportation**



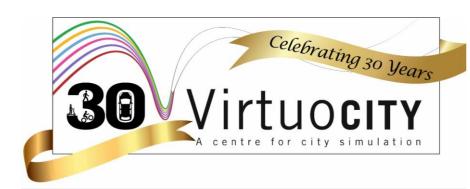








# Virtuocity







# **Human Factors and Safety Group @ITS**

Virtuocity is developed and managed by the Human Factors and Safety Group. We are a group of:
Psychologists, Ergonomists/Human Factors experts,
Engineers, Computer scientists/ Computer vision experts,
Industrial designers: our mission is to study:

User Behaviour and Interactions with "new technologies" in transport



#### 44 members - 21 Nationalities!

4 Professors
3 Associate Professor
1 Lecturer
4 Visiting Researcher/Professor
7 Postdoctoral Fellows
4 Dedicated Software Developers
1 Project Manager
20 PhD researchers



**Institute for Transport Studies** 

Celebrating our 50th anniversary





### **Current Research Areas**

Interactions of other road users with Avs

Visual attention, distraction and driver state monitoring (AV & Manual)

Road Safety culture and Driver Training

Applied
Behavioural
Modelling
(Interactions)

User Comfort in AVs

Computer vision and ML for human interactions with Avs





# **Our Impact:**

- Provide evidence to support regulatory changes to improve transport safety standards
- Understand how user behaviour is impacted under certain conditions to improve transport safety
- Bring human-centric development into transport systems to enable the swift development and integration of new transportation methods
- Provide an opportunity to explore scenarios in conditions not possible in the real world
- Support the development of current and new technologies/ new infrastructure



Bird's eye view mapping

3D bounding boxes, speed detection, and angular trajectory estimation

Description and angular trajectory estimation





### Virtuocity@Leeds

- Human in the loop simulation centre
- A 30-year track record
- Research focused team, funded by UKRI, EC and commercial project work

#### What we do:

Human Factors and Safety

Applied
Behavioural
Modelling

In-House Software Development

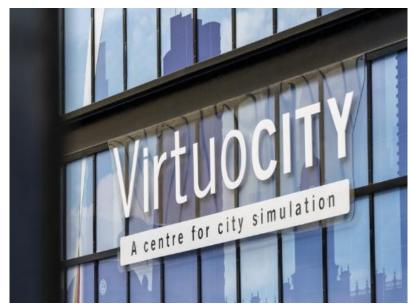
Regulation and Standards

(ISO, BSI, UNECE)

Computer Vision and Machine Learning

**Transport and Road Planning** 









#### **Driving Simulator**



### Static Simulators & VR/AR Suite



#### **Our Current Facilities**

Working with communities and businesses to design the city of the future



#### **Machine Learning Cluster**



Development of enabler systems for Autonomous vehicles including:

- Road perception
- driver behaviour modelling
- human-machine interaction,
- road users activity prediction

### HIKER: CAVE-based ped sim



#### **Truck Sim**

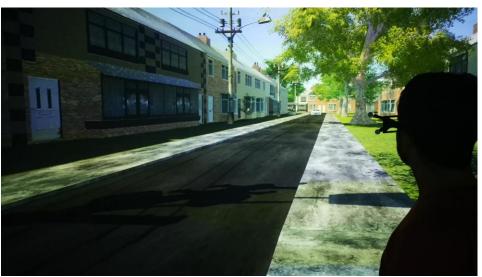


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# Participate

Enhance drivers' experiences with ADAS technologies.

Possess a vehicle that has been manufactured within the last three years and have owned it for a minimum of six months.



#### Drivers between 21 - 65 years old

Would you like to help us understand human driver behaviour in different scenarios to support the development of automated vehicles? We are now recruiting for our next study (ETHICS: BESS+ FREC - 2025 2442-3278), with data collection between October-December 2025.

The study will take approximately **60 minutes**. As a thank you, you will receive **£20** upon completion of the study.

**Scan the code below** and complete a quick questionnaire to check if you are eligible to participate and register your interest.











İbrahim Öztürk Institute for Transport Studies, University of Leeds i.ozturk@leeds.ac.uk





: ibrahimozturk.bsky.social











